

Behaviour Analysis Ready Reminder

	BEHAVIOUR	GUIDELINES
INITIATING	Proposing Procedure	<i>How much are you contributing to providing structure and direction? Could you have done more?</i>
	Proposing Content	<i>What is the relationship between your Proposing Content and Building scores?</i>
	Building	<i>How interested are you in developing other people's ideas?</i>
	Seeking Proposals	<i>Are you inviting ideas from others?</i>
REACTING	Supporting	<i>How often did you take the opportunity to support a contribution or a person?</i>
	Disagreeing	<i>Were you able to voice your disagreements without labelling?</i>
	Defend-Attacking	<i>What effect is this having?</i>
EXPRESSING	Giving Feelings	<i>Useful for creating openness and a positive climate in meetings</i>
	Open	<i>A way to demonstrate humility</i>
CLARIFYING	Giving Information	<i>Giving : Seeking + Testing Understanding ratio</i>
	Seeking Information	<i>How varied are your questions?</i>
	Testing Understanding	<i>How often did you clarify information for yourself and others?</i>
	Summarising	<i>How much did you do or did you leave it to others? Practise summarising if you want to develop your listening skills</i>
PROCESS	Shutting Out	<i>Has everyone had the chance to contribute?</i>
	Bringing In	<i>Do you need others to contribute more?</i>
	Labelling	<i>Helpful to get airtime and attention - 1. A non verbal signal 2. Behaviour Labelling 3. Category of behaviour</i>